

I FOUND A SHARP! NOW WHAT?

Follow these steps for safe needle disposal:

- Treat all needles and drug equipment as a potential hazard to transport blood-borne diseases
- Do not try to recap the needle or break the tip off
- Do not flush needles down the toilet or put them in the garbage or recycling box

STEP 01

Put on gloves to protect yourself from fluid contamination (they won't protect against punctures or cuts).



STEP 02

Bring a puncture proof, sealable container and place on a flat surface. Lambton Public Health offers pick-up and drop off sharps containers.



STEP 03

Pick up one needle at a time. Grab the needle with BBQ tongs or tweezers by the middle of the plastic tube with the sharp end facing down.



STEP 04

Place the needle carefully in the container with the sharp end first and close the container tightly.



STEP 05

Remove gloves and wash your hands with warm water and soap or use hand sanitizer.



STEP 06

Bring the container to Lambton Public Health during business hours or to a CSDB location for safe disposal.



I got poked by a sharp. *What do I do?*

Remain calm. Allow the wound to bleed freely. Wash the wound with soap and water. Apply a sterile, waterproof bandage. Seek immediate medical attention by calling your health care provider or going to the hospital.



**Lambton
Public Health**

www.lambtonpublichealth.ca