

HOW TO SAFELY WEAR A MASK:



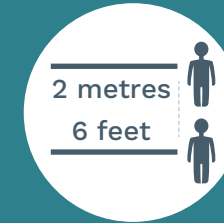
- ✓ Do wash your hands before putting it on & taking it off
- ✓ Do make sure it fits to cover your mouth & nose
- ✓ Do wash your cloth mask in the laundry
- ✓ Do clean surfaces that a dirty mask touches

- ✗ Don't touch your face or mask while using it
- ✗ Don't use masks on children under 2 or those who can't breathe with them on
- ✗ Don't share your mask with others
- ✗ Don't wear medical masks, keep them for health care workers

The best protection is



Stay home



Keep 6 feet or 2 metres distance



Wash hands often



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