

COVID-Safer Indoor Gatherings

Try to move toward a safer Thanksgiving and any indoor gathering. Whether the active caseload is high or low the message is:

Do it safely

- 1) Have the COVID-19 conversation with guests, about expectations and risks prepared to take. Find out if anyone in group is vulnerable.
- 2) Limit or restrict your non-essential interactions.
- 3) Keep social connections small.
- 4) If you feel the slightest bit unwell, cancel, whether you're a guest or hosting. Have a low threshold for cancellation.
- 5) If worried about the risk, virtual thanksgiving is the safest option.
- 6) If worried about the risk, but still want to see someone in a way that does not put you at greater risk, try to avoid interactions around a meal.
 - a. A short visit that does not include food or drink is best
 - b. Limit the amount of time you are in close contact
- 7) Respect the limits on gatherings - maximum 10 people indoors per household and from the same household unless the individual is alone.
- 8) Personal protection:
 - a. Wash hands
 - b. Cough into sleeve
 - c. Single people visiting another household should wear a mask and physically distance

Resources

Lambton Public Health website:

[Social Gatherings](#)

[How to Protect Yourself](#) - risk settings, face coverings, hand washing

