Understanding Symptoms for a Safe Return

COVID-19 Screening for School/Child Care

Ontario COVID-19 School and Child Care Screening Tool

Your child is sick and was told not to attend school or child care.

SECTION 1
If you answered “YES” to ANY of the following symptoms:

☐ Fever and/or chills
☐ Cough or barking cough
☐ Shortness of breath
☐ Decrease or loss of taste or smell

Do not go to school or child care.

The student/child should isolate (stay home) and not leave except to get tested or for a medical emergency.

- Other members in the household may attend school/child care/work unless advised otherwise by Lambton Public Health.
- Contact your school/child care provider to let them know about this result.
- Talk with a doctor/health care provider to get advice or an assessment, including if they need a COVID-19 test.

SAFE RETURN OPTIONS:

1. Get tested for COVID-19. Your child must isolate at home until a NEGATIVE result is received AND they are feeling well for at least 24 hours (no fever, without using medicine and no vomiting or diarrhea for at least 48 hours). Lambton Public Health will contact those who test positive with further direction.

2. Contact a Health Care provider (HCP). If a HCP gives a different diagnosis, your child may return once feeling well for 24 hours (no fever, without using medicine and no vomiting or diarrhea for at least 48 hours) OR as directed by the HCP (not sooner than 24 hours). A medical note is not required.

3. If you decide not to complete one of the other options, your child must isolate at home for 10 days from the day symptoms started AND be well for 24 hours (no fever, without using medicine and no vomiting or diarrhea for at least 48 hours).

SECTION 2
If you answered “YES” to ONLY ONE of the following symptoms:

☐ Sore throat or difficulty swallowing
☐ Runny or stuffy/congested nose
☐ Headache
☐ Nausea, vomiting, and/or diarrhea
☐ Extreme tiredness or muscle aches

Do not go to school or child care.

The student/child should isolate (stay home) for 24 hours (no vomiting or diarrhea for at least 48 hours) and not leave except for a medical emergency.

After 24 hours (48 hours with no vomiting or diarrhea):

- If their symptom is improving, they can return to school/child care when they feel well enough to fully participate. They do not need to get tested.
- If their symptom is persisting, worsening, or they are developing new symptoms, continue to stay home and talk with a doctor/health care provider – refer to SECTION 1, SAFE RETURN OPTIONS

- Other members in the household may attend school/child care/work unless advised otherwise by Lambton Public Health.
- Contact your school/child care and let them know about this result.

IMPORTANT: If you answered “YES” to TWO OR MORE symptoms from section 2 – refer to SECTION 1, SAFE RETURN OPTIONS.
Other related screening information:

- Children **sent home with symptoms** of COVID-19 should complete the Ontario COVID-19 School and Child Care Screening Tool for guidance on when to return to school/child care.
- Children informed they are a **close contact of someone who has tested positive** for COVID-19 must self-isolate, monitor for symptoms and follow direction from public health or their Health Care Provider.
- If you have recently **returned to Canada** you must stay home and self-isolate (**guarantine**).

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