

Dental Program

Dental Clinic for Children (0-17)

Lambton Public Health offers **FREE** dental services to eligible* children and youth 17 years old and younger.

Services include:

- Scaling
- Polishing
- Fluoride treatments
- Sealants
- Proper cleaning and care

Call to book an appointment:

- 519-383-8331
- Toll free 1-800-667-1839

Children eligible for the clinic are determined by Lambton Public Health

Other Dental Programs for Eligible Children (0-17)

There are other programs in Ontario for eligible children that are not provided by Lambton Public Health. To find out more contact:

ServiceOntario INFOline:

- Toll free 1-844-296-6306
- TTY toll free 1-800-387-5559
- www.ontario.ca/healthysmiles

Call Lambton Public Health for more information:

- 519-383-8331
- Toll free 1-800-667-1839
- www.lambtonpublichealth.ca



Lambton Public Health

160 Exmouth Street
Point Edward, ON N7T 7Z6
Phone: 519-383-8331

Toll free: 1-800-667-1839

Fax: 519-383-6078

Email: publichealth@county-lambton.on.ca
www.lambtonpublichealth.ca

LAMBTON PUBLIC HEALTH



CLINICAL & FAMILY HEALTH SERVICES

HEALTHY BABIES, HEALTHY CHILDREN PROGRAM

A FREE program for pregnant women and families with children from birth until schoolage. Includes prenatal support, a phone call after birth of child, home visits, and parenting support.

Call (519)-383-3817 for more information.

Prenatal Classes

For future moms and their support person(s). Prenatal classes provide:

- Free classes and education to support and help you prepare for labour and birth.
- Information about infant and breastfeeding support services.

Young Parent Prenatal Class

The Young Parent program offers teens support. Bus tickets, a gift, and refreshments are provided.

Virtual Prenatal Class

Daytime and evening classes are available.

Registration required for all prenatal classes:

- 519-383-3817 or 1-800-667-1839
- www.lambtonpublichealth.ca
- [prenatal@county-lambton.on.ca](mailto: prenatal@county-lambton.on.ca)

Parenting and Breastfeeding Supports

Family Health Line 519-383-3817

CALL Monday-Friday, 8:30 am - 4:30 pm
Telephone support and counselling is available from a public health nurse for questions or concerns about:

- breastfeeding and infant nutrition
- parenting and raising your children
- pregnancy
- child growth and development

Ask a Public Health Nurse Drop-in Program

VISIT a drop-in location near you to talk with a public health nurse about breastfeeding support, infant/child nutrition, newborn care, parenting, and growth and development.



Ask a Public Health Nurse Drop-in Locations

POINT EDWARD: Lambton Public Health

160 Exmouth St., Point Edward, ON
(Use North Entrance-Classrooms A & B)
519-383-8331 or 1-800-667-1839
Wednesdays: 9:30 a.m. - 11:30 a.m.

SARNIA: Lambton College, North Building EarlyON Centre

(next to ECE Centre)
1431 London Rd., Sarnia, ON
519-542-6100
Mondays: 9:30 a.m.-11:30 a.m.

SARNIA: Coronation Park Day Nursery, EarlyON Centre

1014 Oak Ave., Sarnia, ON
519-344-9601
3rd Thursday of month: 2:00 p.m. - 4:00 p.m.

SARNIA: Ska:na Family Learning Centre - Little Friends

295 Essex St., Sarnia, ON
519-339-0945
1st Tuesday of month 10:00 a.m. - 12:30 p.m.

CORUNNA: St. Joseph's Catholic School, EarlyON Centre

535 Birchbank Dr., Corunna, ON
519-862-5071 ext. 224.
1st, 3rd, 5th Wednesday of month: 1:30 p.m. - 3:30 p.m.;
2nd, 4th Wednesday of month: 9:30 a.m. - 11:30 a.m.

FOREST: Kinnwood Central School, EarlyON Centre

63 MacDonald St., Forest, ON
519-786-6161
1st Thursday of month: 9:30 a.m. - 11:30 a.m.

PETROLIA: Lambton Central Collegiate & Vocational School (LCCVI), EarlyON Centre

4141 Dufferin Ave., Petrolia, ON
519-882-2100
Wednesday afternoons: 1:00 p.m. - 3:30 p.m., except the
2nd Wednesday of the month: 9:00 a.m. - 11:30 a.m.

SOMBRA: Riverview Central School, EarlyON Centre

3926 St Clair Parkway., Sombra, ON
519-892-3151
1st Thursday of month 9:30 a.m. - 11:30 a.m.

Additional EarlyON locations may be visited by a PHN. Subscribe to calendars at www.earlyonlambton.ca for more information.