

# HEALTH INDICATOR SUMMARY

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# **Sociodemographic Profile**

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#### **POPULATION COUNTS and GROWTH**

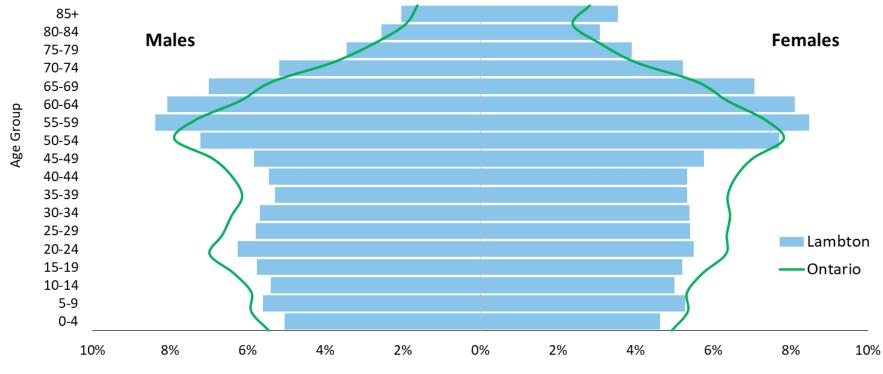
• According to the 2016 Census, the population of Lambton County is 126,638, a 0.3% increase compared to 2011 (126,199). In comparison, the population of Ontario increased by 4.6% over the same period.

## The greatest **POPULATION GROWTH** occurred in Petrolia and Plympton-Wyoming. Declines were seen in several smaller rural communities.

	Population		
Municipality	Count, 2016		% change, 2011 to 2016
Ontario	13,448,494	4.6	
Petrolia	5,742	3.9	
Plympton-Wyoming	7,795	2.9	
Lambton County	126,638	0.3	
Point Edward	2,037	0.1	
Lambton Shores	10,631	-0.2	
Warwick	3,692	-0.7	
Sarnia	71,594	-1.1	
St. Clair	14,086	-3.0	
Dawn-Euphemia	1,967	-4.0	
Enniskillen	2,796	-4.6	
Brooke-Alvinston	2,411	-5.4	
Oil Springs	648	-8.0	

#### **POPULATION** by AGE and SEX

Compared to Ontario, Lambton had a lower proportion of children and adults 0 to 54 years of age and a higher proportion of adults 55 years and older.

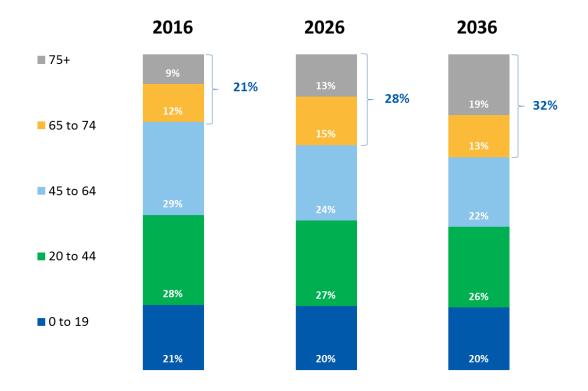


Percentage of the population

#### **POPULATION PROJECTIONS**

• Based on population projections, Lambton's total population is expected to remain relatively stable over the next 20 years, with a projected decrease of 1% by 2036.

While the total population of Lambton County is expected to remain stable, the AGE DISTRIBUTION of the population is projected to change:



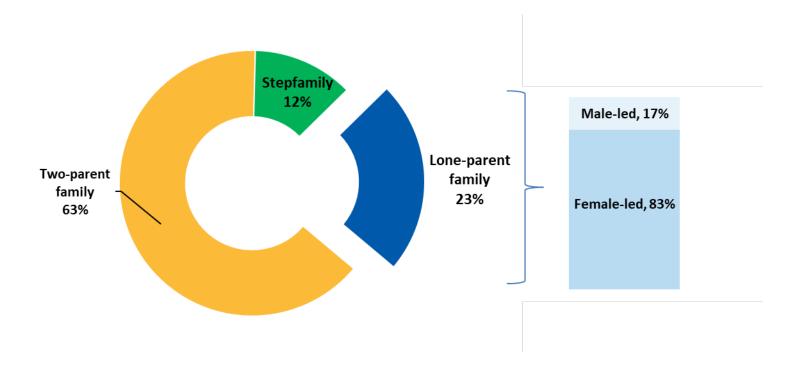
The proportion of the population who are 65 years and older will increase from 21% in 2016 to 32% in 2036.

The largest increase during this 20-year period will be in the 75 and older age category, reflecting the aging of the baby boomer generation.

### **FAMILIES**

- In 2016, 15% of adults aged 15 and over lived alone, 60% lived as a couple and 6% lived as a lone parent.
- 85% of those living as a couple were married, while 15% were living common law.
- In 2016, there were 150 same-sex couples living in Lambton.
- In 2016, there were 5,840 lone parent families in Lambton, representing about 16% of all families. This is comparable to the proportion of lone parent families in Ontario (17%).

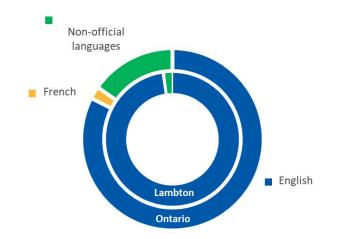
While most children 0 to 14 years of age lived with two parents (biological and step-parents), more than 1 in 5 children lived with one parent – most often the mother.



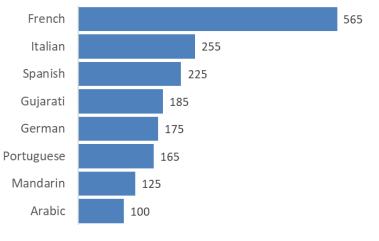
## LANGUAGE

• With respect to Canada's official languages, 94% of Lambton residents know English, 6% know both English and French and 0.2% know neither English nor French.

96% of Lambton residents speak English most often at home. Lambton residents are less likely than Ontario residents to speak French or other non-official languages.



## The top three non-official languages spoken at home are Italian, Spanish and Gujarati.

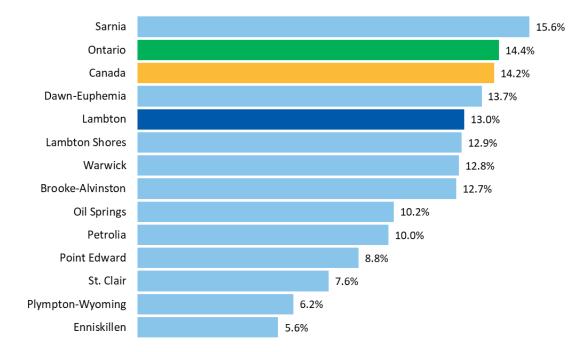


Number of People

### INCOME

- In 2015, the median total income of households in Lambton was \$70,022, a change of 3.6% from \$67,612 in 2005.
- In 2015, 15,825 persons or 13% of Lambton residents lived in low income, slightly higher than the percentage in 2005 (11%).
- Persons living in lone-parent families had a higher rate of low income (33%), while those living in couple families without children had a lower rate (5%).
- In 2015, 17% of Lambton children and youth (0 to 17 years old) lived in low income households, which was similar to Ontario (18%).

Within Lambton, Sarnia has the highest proportion of individuals living in low income households (16%).

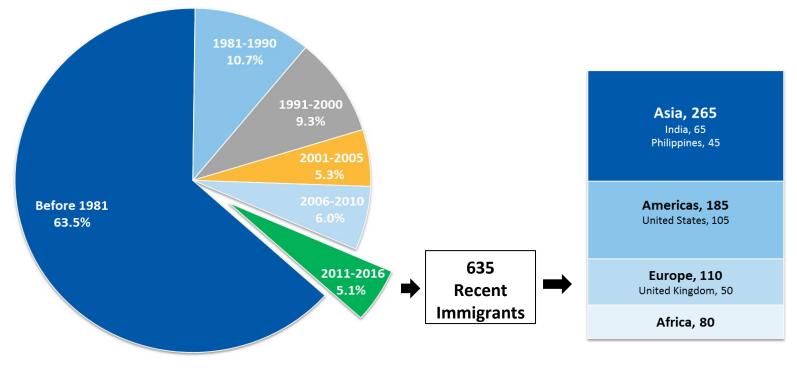


\*Low income status is determined based on the low-income measure, after tax (LIM-AT)

### **IMMIGRATION**

- In 2016, there were 12,390 immigrants living in Lambton County, representing about 10% of the population. This is much lower than the proportion of Ontario residents who are immigrants (29%).
- 635 Lambton residents immigrated to Canada between 2011 and 2016, with the United States, India, the United Kingdom and the Philippines being the most common countries of origin. In Ontario, the three most common countries of origin were India, China and the Philippines.
- In 2016, 3,195 (2.5%) of Lambton residents were not Canadian citizens and 740 (0.6%) were non-permanent residents.

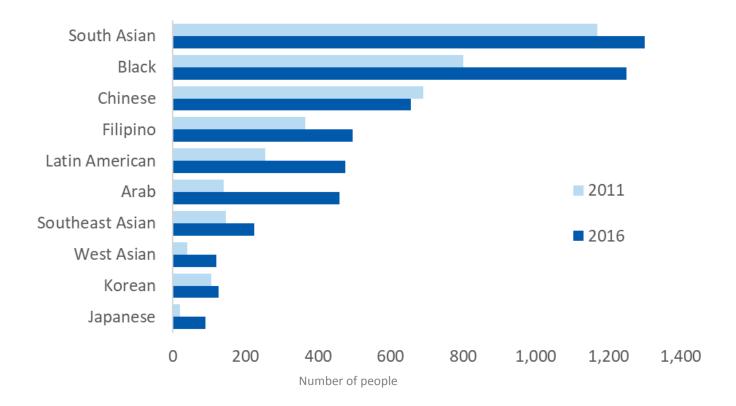
The majority of immigrants living in Lambton County arrived before 1981. Only 5% of immigrants arrived between 2011 and 2016, which is lower than the proportion of recent immigrants in Ontario (12%).



### **ETHNOCULTURAL DIVERSITY**

• In 2016, there were 5,505 visible minorities living in Lambton County, representing about 4% of the population. This is much lower than the proportion of Ontario residents who are visible minorities (29%).

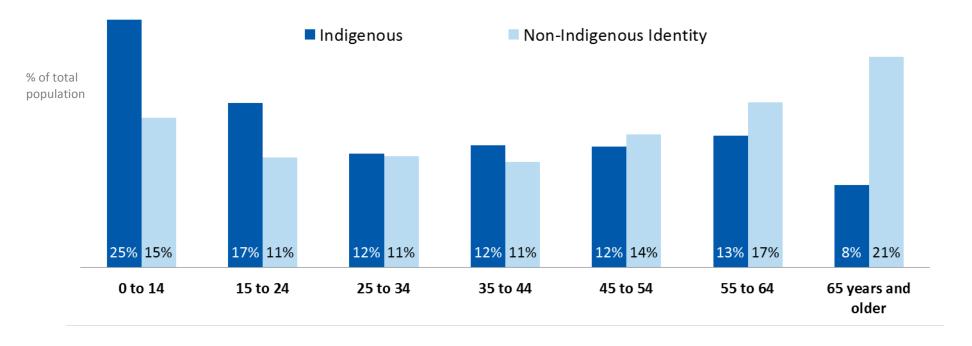
Since 2011, there has been a 36% increase in the visible minority population, with the greatest growth occurring among Japanese, Arab and West Asian visible minority groups.



#### **INDIGENOUS POPULATION**

- In 2016, there were 6,890 Indigenous people living in Lambton, making up 5.5% of the population. This was higher than the provinical proportion (2.8%).
- Of the Indigenous population in Lambton, 78% (5,385) were First Nations, 19% (1,290) were Métis, and 0.5% (35) were Inuit.
- Within the First Nations population, 86% (4,645) had Registered or Treaty Indian status, as defined under the Indian Act.

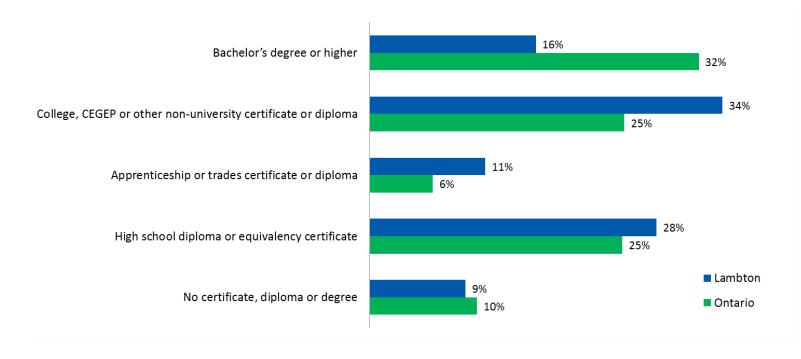
In general, the Indigenous population is younger than the non-Indigenous population with a particularly high proportion of children 0-14 years of age. The average age of the Indigenous population in Lambton was 33.9 years, compared with 43.9 years for the non-Indigenous population.



### **EDUCATION**

- In 2016, 88% of people aged 25 to 64 in Lambton had a high school diploma or equivalency certificate, compared with 88% in Ontario.
- For those with postsecondary certificates, diplomas or degrees, the most common fields of study included: health professions and related programs (17%), business management, marketing and related support services (13%), engineering technologies and engineering-related fields (8%), construction trades (8%) and mechanic and repair techolgies/technicians (6%). Compared to the province, Lambton residents were more likely to have studied engineering and contruction.

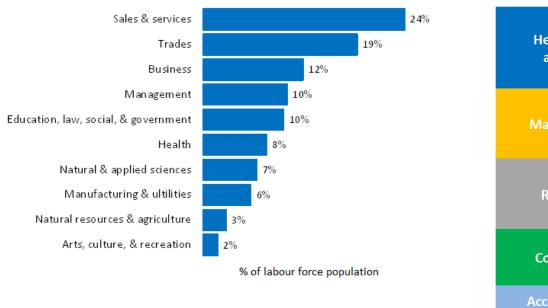
Compared to the province, Lambton residents aged 25 to 64 years were more likely than Ontario residents to report the completion of high school, an apprenticeship or college as their highest level of education and less likely to have obtained a university degree.



### **EMPLOYMENT**

• The employment rate in Lambton County was 54% in 2016, which was lower than the provincial rate (60%).

# Top occupations for Lambton residents 15 and older include sales & services, trades, and business.



# Top industries in Lambton include health care, manufacturing, and retail trade.

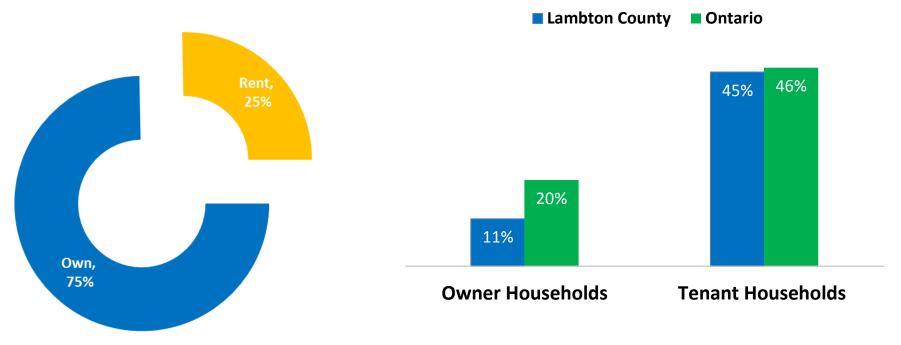


### HOUSING

• The median monthly shelter cost for rented dwellings was \$822 in Lambton County, compared to \$1045 in Ontario. For owned dwellings, the median monthly shelter cost was \$882, compared to \$1299 in Ontario.

In 2016, 75 % of Lambton residents owned their homes, compared to 70% of Ontario residents.

Lambton homeowners are less likely to spend 30% or more of their income on shelter costs than Ontario homeowners.



#### **Summary Statistics: Lambton and Ontario**

	Lambton	Ontario
Population in 2016	126638	
Population growth rate	0.3%	4.6%
Population density per sq. km	42.2	14.8
Population living in a rural area	27.9%	13.8%
Median age (years)	46.1	41.3
Population 0-17 years old	18.7%	19.9%
Population 65 years and older	21.6%	16.7%
Families led by a lone parent	15.6%	17.1%
Population speaking English most often at home	95.4%	77.6%
Population speaking French most often at home	0.4%	2.1%
Population speaking a non-official language most often at home	1.9%	14.2%
Population reporting Aboriginal identity	5.4%	2.8%
Population who are immigrants	9.9%	28.6%
Population who are recent immigrants (2011-2016)	0.5%	3.5%
Population who are visible minorities	4.3%	28.9%
Population (25-64 years) with less than high school education	9.3%	10.4%
Population (25-64 years) with a high school diploma	27.8%	24.5%
Population (25-64 years) with a postsecondary certificate, diploma or degree	62.8%	65.1%
Unemployment rate (May 2016)	8.1%	7.4%
Median family income (\$)	88,219	91,089
Population in low income households† (2015, after tax)	13.0%	14.4%
Children 0-17 years in low income households† (2015, after tax)	17.3%	18.4%
Owner households that spend more than 30% of income on shelter	10.8%	19.8%
Tenant households that spend more than 30% of income on shelter	45.2%	45.7%
Tenant households in subsidized housing	14.1%	15.0%
they income status is determined based on the low income measure, after tax (LIM AT)		

†Low income status is determined based on the low-income measure, after tax (LIM-AT)

#### **Data Sources:**

- Statistics Canada. 2017. Lambton, CTY [Census division], Ontario and Ontario [Province] (table). Census Profile. 2016 Census. Statistics Canada Catalogue no. 98-316-X2016001. Ottawa. Released November 29, 2017. http://www12.statcan.gc.ca/census-recensement/2016/dp-pd/prof/index.cfm?Lang=E (accessed November-December, 2017).
- 2. Statistics Canada. 2017. Focus on Geography Series, 2016 Census. Statistics Canada Catalogue no. 98-404-X2016001. Ottawa, Ontario. Data products, 2016 Census.
- 3. Population Projections [2016-2036], Ontario Ministry of Health and Long-Term Care, IntelliHealth Ontario, Date Extracted [December 2017]

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