Prenatal Supports and Services



Get Expert Advice from a Public Health Nurse on:

- Pregnancy, labour, delivery, and relationships.
- Developing a postpartum support plan.
- Feeding and nutrition.
- Clinics, classes and more!





Family Health Line: 519-383-3817 familyhealthline@county-lambton.on.ca

> 160 Exmouth Street Point Edward, ON N7T 7Z6 Revised 04-FEB-2025