

# How to **Dispose** of **Medicine** *Safely*



## Step 1

Check your medicine for expiry dates and ask your doctor about any you are unsure of. Keep all medicine locked in a safe place.



## Step 2

Put tablets in a clear bag, but leave liquids and creams in their original containers. Remove any labels with your personal information. Keep sharps separate from medicine.



## Step 3

Find where to return medicines using the disposal location map.

FIND A DISPOSAL  
LOCATION NEAR YOU



SCAN ME



**Lambton  
Public Health**