

How to Take Water Samples

The form

- Complete **all** shaded areas, including date and time sample was taken.
- Results are sent to you from the Public Health Laboratory. **No** postage needed.
- For water results by phone, follow directions on the “*Water Results by Telephone*” sheet in this package.

Taking your water sample

- Take the sample **just before** bringing it to Lambton Public Health.
- If you cannot take the sample **just before** you drop it off, keep it in the refrigerator.
- Samples **must be tested** within 48 hours.
- If the lab does not receive the sample within 48 hours, it will **NOT** be tested

Returning Samples

Drop-off Locations	Time
Point Edward Lambton Public Health 160 Exmouth St., Point Edward	Monday - Thursday 8:30 a.m.-4:30 p.m. Friday 8:30 a.m.-10 a.m.
Petrolia Charlotte Eleanor Englehart Hospital Lab 450 Blanche St., Petrolia (basement)	Monday - Wednesday 8 a.m.-3:30 p.m.
Forest North Lambton Community Health Centre (NLCHC) 3-59 King St. West, Forest	Monday 8 a.m. -11:30 a.m. Thursday 8 a.m. -10 a.m.

How to Sample Your Water

1. Remove any screens or hoses from the tap. It is recommended the sample is taken from the kitchen sink. If possible, **do not** sample from outside taps or hand pumps.
2. Disinfect around the inside of the nozzle with an alcohol swab or dilute bleach solution (1 part household bleach to 10 parts water).
3. **Do not touch** the inside of the cap or the mouth of the bottle.
4. **Do not throw away** the powder that is in the bottle.
5. Let tap run 2-3 minutes on **cold**; then fill sample bottle to fill line.
6. Replace cap, and wrap completed form around the bottle using the elastic band.

*If the water supply has not been used for more than **one month**, flush the system for one hour. Connect a garden hose to an outside tap and run water to the surface of the ground.

Please call Lambton Public Health at 519-383-8331 or toll free 1-800-667-1839 if you have any questions.



Lambton
Public Health

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